



REAL INSTITUTE OF MANAGEMENT & RESEARCH, NAGPUR

(SAI SHRADDHA CHARITABLE TRUST)

Near Beltarodi Police Station, Beltarodi Road Nagpur-440037

INTERNATIONAL YOGA DAY

SESSION 2021-2022

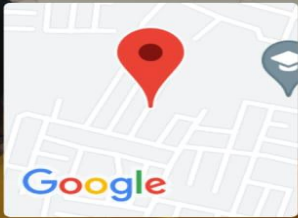
REPORT

Real Institute of Management and Research

Programme: International Yoga Day Celebration

Date and Time: 21st June 2022, 10.00 am

Real Institute of Management and Research celebrated the International Yoga Day on 21st June 2022. The program was organized to highlight the benefits of Yoga on the emotional, spiritual and physical levels. It was also elaborately explained how yoga is the best way to maintain good health and happiness. The Director of the Institute Dr. Surekha Jichkar guided the staff and the students on pragmatic yoga and how to perform it. Besides all the staff members some students joined the session and learned how yoga would help them for good health and physical fitness.



Nagpur, Maharashtra, India

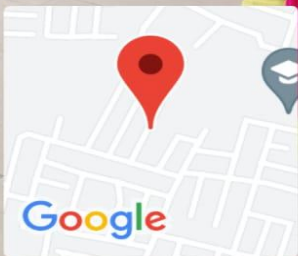
33JF+2V9, Beltarodi, Nagpur, Maharashtra 441108, India

Lat 21.08021°

Long 79.074996°

21/06/22 12:21 PM

Faculty members and students performing Yoga



Nagpur, Maharashtra, India

33JF+2V9, Beltarodi, Nagpur, Maharashtra 441108, India

Lat 21.080173°

Long 79.07499°

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